Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	SEPTI	EMBER	2023		9:30 DAILY DEVOTIONAL 10:00 BALLOON TOSS 10:30 WET YOUR WHISTLE & BRAIN GAMES 11:00 LUNCH 1:00 PRETTY NAILS 2:00 SENTIMENTAL JOURNEY MUSIC 3:30 WALKING CLUB 4:00 DINNER 5:30 TV & RELAXING TIME	BREAKFAST TV & RELAXING TIME ADULT COLORING LUNCH WALKING CLUB DINNER RELAXING & TV TIME	2
BREAKFAST TV & RELAXING TIME ADULT COLORING LUNCH WALKING CLUB DINNER RELAXING & TV TIME	3 4 NO SCHEDULED ACTIVITIES Labor Day	10:00 MORNING FITNESS EXERCISE 10:30 SIP & WORD GAMES 11:00 LUNCH 1:00 DAILY DOUBLES 1:45 SNACK TIME 2:30 ARTS & CRAFTS	9:30 DAILY DEVOTIONAL 10:00 BALLOON TOSS 10:30 WET YOUR WHISTLE & STORY TIME 11:00 LUNCH 1:00 SUNSHINE THERAPY & SNACK 2:00 BINGO 3:30 WALKING CLUB 4:00 DINNER 5:30 TV & RELAXING TIME	9:30 DAILY DEVOTIONAL 10:00 SIT & BE FIT 10:30 SING-ALONG WITH WENDY 11:00 LUNCH 1:00 HI/LOW CARD GAME 1:30 MOVIE MATINEE & POPCORN 3:30 WALKING CLUB 4:00 DINNER 5:30 TV & RELAXING TIME	9:30 DAILY DEVOTIONAL 10:00 BALLOON TOSS 10:30 WET YOUR WHISTLE & BRAIN GAMES 11:00 LUNCH 1:00 PRETTY NAILS 2:00 7-UP GAME <b>3:00 ACCORDION MUISIC W/MIKE</b> 3:30 WALKING CLUB 4:00 DINNER 5:30 TV & RELAXING TIME	BREAKFAST TV & RELAXING TIME ADULT COLORING LUNCH WALKING CLUB DINNER RELAXING & TV TIME	9
BREAKFAST TV & RELAXING TIME ADULT COLORING LUNCH WALKING CLUB DINNER RELAXING & TV TIME Grandparents Day	10 WEAR RED WHITE & BLUE DAY 9:30 DAILY DEVOTIONAL 10:00 SIT & BE FIT EXERCISE 10:30 HYDRATION STATION 11:00 LUNCH 1:00 PET THERAPY WITH SHYLO 2:30 SOUTHERN GOSPEL WITH AUSTIN LOY 3:30 WALKING CLUB 4:00 DINNER 5:30 TV & RELAXING TIME	9:30 DAILY DEVOTIONAL 10:00 MORNING FITNESS EXERCISE 10:30 SIP & WORD GAMES 11:00 LUNCH 1:00 MUSIC WITH TOM YOST	9:30 DAILY DEVOTIONAL 10:00 BALLOON TOSS 10:30 WET YOUR WHISTLE & STORY TIME 11:00 LUNCH 1:00 SUNSHINE THERAPY 2:00 CURLY GIRL COOKIES 2:30 NAME THAT TUNE 3:30 WALKING CLUB 4:00 DINNER 5:30 TV & RELAXING TIME	9:30 DAILY DEVOTIONAL 10:00 SIT & BE FIT 10:30 SING-ALONG WITH WENDY 11:00 LUNCH 1:00 TWISTER GAME 1:30 MOVIE MATINEE & POPCORN 3:30 WALKING CLUB 4:00 DINNER 5:30 TV & RELAXING TIME	THE GARDENS ANNIVERSARY159:30 DAILY DEVOTIONAL10:00 BALLOON TOSS10:30 BRAIN GAMES11:00 COOKOUT DAY!1:00 PRETTY NAILS2:00 ICE CREAM SUNDAE'S &MUSIC WITH RICK & JAN3:30 WALKING CLUB4:00 DINNER5:30 TV & RELAXING TIME	BREAKFAST TV & RELAXING TIME ADULT COLORING LUNCH WALKING CLUB DINNER RELAXING & TV TIME	16
BREAKFAST TV & RELAXING TIME ADULT COLORING LUNCH WALKING CLUB DINNER RELAXING & TV TIME	17 9:30 DAILY DEVOTIONAL 10:00 DRUM ROLL EXERCISE 10:30 HYDRATION STATION 11:00 LUNCH 12:00 SCENIC RIDES 1:00 PET THERAPY WITH SHYLO 2:30 BINGO 3:30 WALKING CLUB 4:00 DINNER 5:30 TV & RELAXING TIME	9:30 DAILY DEVOTIONAL <b>19</b> 10:00 MORNING FITNESS EXERCISE 10:30 SIP & WORD GAMES 11:00 LUNCH 1:00 DAILY DOUBLES 1:45 SNACK TIME 2:30 ARTS & CRAFTS 3:30 WALKING CLUB 4:00 DINNER 5:30 TV & RELAXING TIME		9:30 DAILY DEVOTIONAL 21 10:00 SIT & BE FIT 10:30 SING -ALONG WITH WENDY 11:00 LUNCH 1:00 HI/LOW CARD GAME 1:30 OLDIES WITH MIKE 3:30 WALKING CLUB 4:00 DINNER 5:30 TV & RELAXING TIME	9:30 DAILY DEVOTIONAL 10:00 BALLOON TOSS 10:30 WET YOUR WHISTLE & BRAIN GAMES 11:00 LUNCH 1:00 PRETTY NAILS <b>2:30 MUSIC WITH RICK &amp; RHONDA</b> 3:30 WALKING CLUB 4:00 DINNER 5:30 TV & RELAXING TIME	BREAKFAST TV & RELAXING TIME ADULT COLORING LUNCH WALKING CLUB DINNER RELAXING & TV TIME Autumn Begins	23
BREAKFAST TV & RELAXING TIME ADULT COLORING LUNCH WALKING CLUB DINNER RELAXING & TV TIME	24 9:30 DAILY DEVOTIONAL 25 10:00 DRUM ROLL EXERCISE 10:30 HYDRATION STATION 11:00 LUNCH 12:00 SCENIC RIDES 1:00 PET THERAPY WITH SHYLO 2:30 BINGO 3:30 WALKING CLUB 4:00 DINNER 5:30 TV & RELAXING TIME	9:30 DAILY DEVOTIONAL 10:00 MORNING FITNESS EXERCISE 10:30 SIP & WORD GAMES 11:00 LUNCH 1:00 7-UP GAME	9:30 DAILY DEVOTIONAL 10:00 BALLOON TOSS 10:30 WET YOUR WHISTLE & STORY TIME 11:00 LUNCH 1:00 SUNSHINE THERAPY 2:00 JEFFERSONVILLE LIBRARY 2:30 CURLY GIRL COOKIES 3:30 WALKING CLUB 4:00 DINNER 5:30 TV & RELAXING TIME	9:30 DAILY DEVOTIONAL 10:00 SIT & BE FIT 10:30 SING -ALONG WITH WENDY 11:00 LUNCH 1:00 TWISTER 2:30 MUSIC WITH CHARLIE HORNUNG 3:30 WALKING CLUB 4:00 DINNER 5:30 TV & RELAXING TIME	9:30 DAILY DEVOTIONAL 10:00 BALLOON TOSS 10:30 WET YOUR WHISTLE & BRAIN GAMES 11:00 LUNCH 1:00 PRETTY NAILS 2:00 LADIES TEA SOCIAL 3:30 WALKING CLUB 4:00 DINNER 5:30 TV & RELAXING TIME	BREAKFAST TV & RELAXING TIME ADULT COLORING LUNCH WALKING CLUB DINNER RELAXING & TV TIME	30

THE GARDENS ACTIVITY PROGRAM

## ALL ACTIVITIES ARE SUBJECT TO CHANGE